

## BECAUSE YOU WANT the best for your athletes

#### SIMPLE, FAST TRANSPORT SOLUTIONS

- + **Provision of vehicles** (mini-bus), drivers, hiring of public means of transport
- + Bus network operating 7 days a week : 7 urban lines and one free electric shuttle in the city centre
- + Self-service bicycles : stations throughout the city serving all major sports facilities

#### CUSTOMISED RANGE OF ACCOMMODATION

- + 14 hotels within a 5-kilometre radius
- + **504 rooms** : 118 in 4\* hotels, 159 in 3\* hotels

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- + PMR access
- + 132 beds in collective structures
- + Guest houses, rentals, cottages
- + Personalised welcome, attentive service



#### **OPTIMAL MEDICAL CARE**

- + Modern, adapted technical equipment within a hospital inaugurated in 2021
- + Ultrasound, X-ray, MRI, arthroscopy, CT, scintigraphy, cryotherapy in close proximity
- + 2 sports physicians at your disposal for outpatient services : sports medicine / CT, X-ray, ultrasound, MRI / ostheopathy / arthroscopy / scintigraphy / cryotherapy / various tests and specialised consultations
- + 1 consultant osteopath (the osteopath of champions, including Thibaut Pinot !)

#### AND ALSO

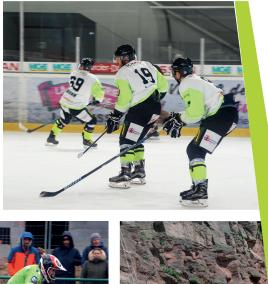
- + "A la carte" stays with different levels of service
- + On the menu : meals on trays, caterers, restaurants, etc.
- + Nutritional follow-up adapted to athletes (sporty meals).





# GIVE YOUR ATHLETES THE BEST POSSIBLE **MENTAL PREPARATION !**











#### A PEACEFUL, INSPIRING NATURAL SETTING ...

Nestled in a naturally preserved environment where water and forests are omnipresent, the capital of the Vosges region is a haven of greenery, pedestrian areas, cycle paths and pleasant neighbourhoods.

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#### AN IDEAL PLAYGROUND FOR SPORT AND LEISURE ...

Épinal is home to 1,400 km of marked FFC mountain biking trails, 73 km of road biking green lanes and 480 km of hiking trails. The city is located less than an hour's drive from the mountains, lakes and ski resorts and activities of the Hautes Vosges area (La Bresse, Gérardmer, La Schlucht).

#### VOSGES, A DEPARTMENT WITH A MYRIAD OF ACTIVITIES

An ideal training ground for amateur and confirmed athletes, the Vosges department offers a wide variety of landscapes and landforms: forests, ridges and valleys. It features more than 4,000 km of marked hiking trails, 7,000 km of biking routes, 200 km of road biking Green Lanes and 3,500 km of mountain biking routes.

In winter, ski resorts offer numerous activities. During the summer, the lakes and the canal are home to a broad range of nautical activities. The department hosts major sporting events as well as national and international championships on a regular basis.



















JE VOIS LR VIE EN VOSGES



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### **TERRE DE JEUX 2024**







